

## About us

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## Officers

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Member of Ethics Committee: **Klára MIKÓNÉ GEIST**

Member of Ethics Committee: **Dr. Mária TARI**

Head of Control Committee: **Mária MUHI**

Member of Control Committee: **Dr. Katalin DOBÓ**

Member of Control Committee: **Dr. Eszter Amaryl ÁRKOVITS**

## History and Activities

The Hungarian Family Therapy Association is the integrating organization for couple and family therapy practice and training. It was established in 1989 as the successor to the Family Therapy Group of the Hungarian Psychiatric Association and today it has more than 1000 members.

Past Presidents and Secretaries of the Hungarian Family therapy Association:

Dr Csaba RÁTAY - President, László GOSZTONYI - Secretary (1989-1995)

Dr Tamás KURIMAY - President, Miklós KOVÁCS - Secretary (1995-2002)

Dr Mária KOLTAI - President, Dr Júlia HARDY - Secretary (2002-2008)

Dr Klára BALOGH - President, Katalin CSIGÓ - Secretary (2008-2011)

Miklós KOVÁCS - President, Judit HAJDÚ - Secretary (2011-2014)

Miklós KOVÁCS - President, Margit F.NÉMETH - Secretary (2014-present)

The association tailors the structure and curricula of its training programs to the constantly changing societal needs, main European and international educational trends, new developments in methodology, and realistic therapeutic requirements. The five members of the **Training Committee** are responsible for program accreditation, developing a training schedule, implementing training courses, and overseeing the examination process.

Current members of the Training Committee:

Dr Katalin BARÁT (Head of Training Committee), Dr Klára BALOGH, Gabriella BLÁGA, Dr Magdolna MORETTI, Dr Mária TARI.

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Beside the Training Committee, our **Trainers Forum** holds together the association's trainers who share their training and further training related experience regularly . They organize lectures, courses and workshops, and prepare and implement the scientific programs of yearly conferences organized by the association. The association is based in Budapest, but trainers work in other regions as well. The most important **centres outside Budapest are Debrecen, Pécs and Szeged**. In these centres, just like in Budapest, the theory and practice of family therapy are taught at colleges and universities. Beside training, graduate and post-graduate courses for psychologists, they organize training courses for family doctors, social workers, teachers, family counsellors and the employees of various support organizations and also take part in the supervision of professionals at organizations that provide family assistance.

In family therapy 'field work' is never a lonely endeavour. Sometimes therapists work on their own in their private practice, but co-therapy and cooperation in the form of supervisory groups is more common. The following **Training Institutions** operate within the association:

Családi Szolgálatok Ligája Alapítvány (Budapest) since 1999 (Accredited by EFTA)

Megújulás Családterápiás Intézet (Pécs) since 2002 (Accredited by EFTA)

Budapesti Családterápiás Kiképző Intézet (BUCSAKI) Accreditation: EAP 2004-, EFTA 2005-.

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